

OLW NEWS 2018

Tel: 9460 6684

Email: principal@olwkingsbury.catholic.edu.au

Issue: 24 Date: Monday, August 13, 2018

Dear Parents & Families,

Congratulations to the Year 5/6 students who represented our school last Friday. We all had a wonderful and most enjoyable day. Our students displayed great teamwork throughout the games and we are very proud of the efforts and sportsmanship that each of our students put into their matches. Overall, our Girls finished 4th and our Boys finished 1st in a very close and tough competition. Well done to all involved and many thanks to the parents who came along and supported the children on the day.

This Friday, our Year 3/4 children will represent OLW in the Reservoir Cup Basketball Tournament.

CONFIRMATION

Bishop Terry Curtin was out to visit and speak with our Confirmation Candidates today as part of their preparation for the Sacrament which they will receive on Thursday August 30.

FEAST OF THE ASSUMPTION

This Wednesday, August 15, is the Feast of the Assumption of the Blessed Mary. This is a Holy Day of Obligation which means that the whole school will attend Mass at 10:00am. All families are welcome to join us at Mass.

SPECIALIST PROGRAM THIS WEEK

Please note that there is a change to our Wednesday Specialist Program this week as it is a Holy Day of Obligation and all our classes will be attending Mass at 10.00am. To avoid disrupting our regular Phys Ed, Library and Italian classes, we have been able to move these programs to Tuesday August 14 in place of Wednesday August 15. Therefore, the students are now required to wear their sports uniform next Tuesday, in place of Wednesday.

YEAR 5/6 CAMP MEETING

A Year 5/6 Camp Information Evening Meeting will take place on Wednesday August 22 at 7.00pm. Details and costings for the camp will be sent home later this week.

BOOK WEEK 2018

Book Week is celebrated across Australia from Monday August 20 – Friday August 24. The theme this year is "Find Your Treasure".

As part of our celebration of Book Week, Friday August 24 will be a special Dress-Up Day and Parade for the students. However, this year will be a little different to previous years. Our SRC, acting on a suggestion from Sebastian in Year 5, would like support the national 'Buy A Bale' scheme and is therefore inviting all students to dress up as farmers, farm animals, or something to do with farming and bring at least a gold coin donation. All funds raised on the day will go to the 'Buy A Bale' scheme and support our drought stricken farmers. Please read through the SRC's news item in today's newsletter for more information about this initiative.

Enjoy the week!

Kevin Burke

SACRAMENTAL DATES FOR 2018

The Sacrament of Confirmation for Year 6



students will take place on Thursday 30th August at 5:00pm with Bishop Terry Curtin as the celebrant.

The **Sacrament of Penance** (Reconciliation) for Year 2 students will take place on Tuesday 30th October at 7:00pm.

A Commitment Mass for the Sacrament of Reconciliation will take place on Sunday 14th October at the 10:00am Parish Mass.

Catherine Laycock (Religious Education Leader)

1

TERM 3 CALENDAR

MON 13 BISHOP TERRY CURTIN TO VISIT CONFIRMATION CANDIDATES TUE 14 SPORTING SCHOOLS PROGRAM PHYS ED, LIBRARY & ITALIAN PROGRAMS RUNNING TODAY **WED 15** FEAST OF THE ASSUMPTION - MASS @ 10.00AM FRI 17 YEAR 3/4 BASKETBALL TOURNAMENT

BOOK WEEK COMMENCES MON 20

TUE 21 SPORTING SCHOOLS PROGRAM

WED 22 YEAR 5/6 CAMP INFORMATION NIGHT - 7.00PM

THUR 23 DEPUTY PRINCIPALS CONFERENCE FRI 24 DEPUTY PRINCIPALS CONFERENCE

BOOK WEEK DRESS-UP DAY TO SUPPORT 'BUY A BALE'

TUE 28 SPORTING SCHOOLS PROGRAM THUR 30 SACRAMENT OF CONFIRMATION

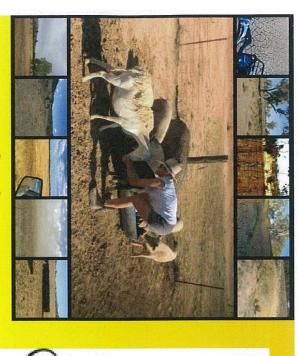
FRI 31 **FATHER'S DAY BREAKFAST**

YEAR 5/6 INDOOR SOCCER TOURNAMENT

SEPTEMBER

TUE 4	SPORTING SCHOOLS PROGRAM
WED 5	EDUCATION BOARD MEETING
FRI 7	YEAR 3/4 INDOOR SOCCER TOURNAMENT
TUE 11	SPORTING SCHOOLS PROGRAM
WED 12	YEAR 5/6 PHILLIP ISLAND CAMP
THUR 13	YEAR 5/6 PHILLIP ISLAND CAMP
FRI 14	YEAR 5/6 PHILLIP ISLAND CAMP
TUE 18	SPORTING SCHOOLS PROGRAM
THUR 20	WEAR YOUR TEAM COLOURS DAY
FRI 21	LAST DAY OF TERM - DISMISSAL 1 00PM





Help us support ...



\$20 buys a small bale of hay \$60 buys 3 small bales of hay \$100 buys a large bale of hay \$500 buys 5 largs bales of hay \$1000 buys 10 large bales of hay \$5700 buys a single trailer load of hay

\$9500 buys a semi-trailer load of hay



DECES UP OS CANYCHAROS SOFTAN ECLOSOCION CANO ZERON LUCIUSCO Bring a gold soin donation!

The Program

Parade College is pleased to announce its **Snapshot** @ **Parade** program for primary school students.

The purpose of the program is to provide the opportunity for Grades 3 and 4 students to participate in a variety of exciting activities that will

enrich and challenge

The program will operate after school from 4pm -5pm on a Wednesday afternoon for a period of



three weeks beginning on Wednesday, 15 August 2018. Girls and boys are welcome

Participants will be required to organise their own transport to and from the College.

Refreshments will be offered on arrival at Preston Campus reception.

A nominal fee of \$10 will be levied to cover the cost of program materials.

Photographs may be taken.

If your child has any special dietary restrictions or medical conditions that we should be aware of please attach a note to your application.



Overview of Program

Week 1 August 15 Kitchen Garden

The Preston Garden is a new area at our campus. Come and explore, add to the collection of plants and help make the Garden a feature of the Preston Campus. Come and be rewarded with something to take home.

Week 2 August 22 Team sports

Calling out for the next Lionel Messi, Lebron James and Buddy Franklin! In this exciting session you will get to showcase your skills in a variety of team and individual activities. It will be a fun and engaging session catering for those of all skill levels.

- Develop and showcase your skills
- Includes options such as indoor soccer, basketball
- Bring your runners!

Week 3 August 29 Experimenting with Science

Science helps us to understand many things about the world around us, from the stars to the way materials behave, to how objects work. Come and explore a number of fun filled science activities.

- The physical properties of the world around us
- Manipulating materials











Dear Parent/Carer,

You are invited to participate in a free parenting program called *Tuning in to Kids (TIK)*. The program has already been delivered to over 120,000 parents in Australia, and previous research studies have provided a strong evidence-base that the program improves various child, parent and family outcomes. The current study is to compare three different delivery methods of the program and to see what works best for which families.

Participation in the study is for any parent or carer who has one or more children, between 4 and 10 years of age, who is exhibiting behaviours that are challenging or of concern to you. Participation is free, and voluntary. The study is open to one parent per family either the mother, father or guardian. We can also offer partners a free version of the online program after the study in completed. The study is being run by the University of Melbourne in conjunction with Swinburne University of Technology. It is independent of your school, kindergarten or childcare centre.

What is the program about?

Tuning in to Kids is a parenting program that aims to teach parents about children's emotional development. Program content and strategies assist parents to help their child to develop the skills of 'emotional intelligence'. Emotional intelligence (sometimes called EQ) is known to help children in their social development and is a better predictor of future life outcomes than intelligence (IQ). EQ skills include understanding, communicating and managing emotions, including difficult emotions such as anger, sadness and fear. Previous studies of TIK have shown the program has helped to reduce aggressive behaviour in children, promote social and friendship skills, and help build better emotional connections between parents and children.

What will participation involve?

Parents will be randomly allocated into one of four separate arms of the study.

- 1. Group TIK: Attending the program as part of eight two-hour group sessions;
- 2. One-to-one TIK: Attending the program delivered in eight one-to-one sessions;
- 3. TIK Online: Attending the program online plus receiving two follow-up phone calls;
- 4. Wait list control: Receiving TIK Online after a 9-month delay.

Random allocation is conducted through a computer-generated program and the process is like tossing a coin – you will have an equal chance of being in any of the four arms of the study.

We will also ask parents to complete a questionnaire, before and after completion of the program. The questionnaires will ask about the child's behaviour and parents' ability to manage emotions, parenting style and parents' own wellbeing. Each parent and their child will also be asked to participate in two video-recorded assessment sessions nine months apart. The child does not participate in the parenting program but they are required to attend the two assessment sessions with their parent.

What to do now?

HREC 1750231.1 Version 3 - 26/3/18

If you are interested in the study, and would like to find out more, please contact Ross Couper-Johnston either by sending in the expression of interest slip below to ross.couper@unimelb.edu.auor by phoning on 9371-0218. Ross will be able to answer any of your questions, and then send some more information to you.

Yours sincerely,

Miss Bianca Mastromanno Researcher, Tuning in to Kids 93710218

BigTIK-admin@unimelb.edu.au

Associate Professor Sophie Havighurst Principal Researcher Tuning in to Kids Senior Lecturer and Clinical Psychologist

sophie.h@unimelb.edu.au

Mr Ross Couper-Johnston Researcher, Tuning in to Kids Tel: Tel.

93710218

BigTIK-admin@unimelb.edu.au

Bistiane Late

Dr Christiane Kehoe 93710207

ckehoe@unimelb.edu.au

Mindful - Centre for training and research in developmental health

Mindfall

50 Flemington Street, Flemington Victoria 3031 Australia t +613 9371 0200 f +613 9371 0250 w www.mindful.org.au





TUNING IN TO KIDS

EXPRESSION OF INTEREST

Your Name:		
Nominated child's name(D.O.B.)		
Your relationship to the child:		
Names of other children in your famil	ly and their ages:	
Contact Phone Numbers	(h) (mobile)	
School/Kindergarten/Childcare Centr	······································	
Please return this form by email (ro	oss.couper@unimelb.edu.au), or to	

Thank you

Ross Couper-Johnston, Mindful, 50 Flemington St, Travancore, 3032.

Are you a parent of a child between 4 and 10 years old?





If you would like to learn skills to help manage your child's challenging behaviours, you are invited to a **FREE** parenting program

Online, group and one-on-one programs available, 2018-2019

Location of sessions – Flemington, Thornbury and Hawthorn

TUNING IN TO KIDS may assist you to:

- help your child manage difficult feelings such as worry, sadness, frustration and anger
- build your connection with your child
- better understand what underpins challenging behaviours
- · stay calm when dealing with tantrums
- help your child develop social skills and reduce aggression.



For further information contact 9371 0218 or BigTIK-admin@unimelb.edu.au



Programs are being run as part of a research study

Parish of Our Lady of the Way Kingsbury

Presbytery: 13 Green Ave, Kingsbury, 3083



Tel: 9462 1221 School Tel: 9460 6684

Email: terrybergin1@bigpond.com

Parish Website: OLW Kingsbury

Mass Timetable

6.00PM Saturday – Vigil Mass:

Sunday: 8.00AM and 10.00AM

Weekdays: 10.00AM

Sacrament of Reconciliation: Saturday from 5.15 to 5.45PM

Rosary Monday to Saturday: 9.30AM

Divine Mercy Chaplet After Mass Daily

Exposition of the Blessed Sacrament: Friday from 9.00 to 9.30AM

Baptisms and Marriages by appointment: Please ring 9462 1221

Entrance Antiphon: Look to your covenant. O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you.

Communion Antiphon: O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

Readers for Sunday Mass

12th Aug 6pm M Smyth 8am Sr Julie-Anne 10am J McColl 19th Aug 6pm E Gleeson 8am B Bowlen 10am J Hubber

Extraordinary Ministers of Holy Communion

12th Aug 6pm E Gleeson 10am B Hayes 19th Aug 6pm M Nolan 10am I Lowe

OLW Church Cleaning Roster

18th Aug **Professional Cleaners**

P Doorbar, K Zanini, Volunteer needed. 1st Sep

OLW Sacristy Linen Laundering Roster

12th Aug Pia Matthews 19th Aug Barbara Hayes

\$00.00 08th Aug Church Account

> Presbytery Account \$00.00

Catholic Care leaving collection after all masses today.

Electric chair, in excellent condition, available free to good home. Please see Fr Terry.

Website address for Plenary Council in 2020 is: plenarycouncil.catholic.org.au/staff

Info sessions for Plenary Council 2020: Thursday 30th Aug 7.30pm - 9.30pm. At St Francis Xavier Montmorency. 86 Mayona Rd Montmorency. For queries phone 9435 2178, to register phone 9926 5761.

Rosemarie Prosser will be in the church foyer each Thursday at 10.40 and 11.40. Topics include:

- 1) Plenary Council and todays church
- 2) Jesus in his time
- 3) Early church
- 4) What do we want our church to be in 2030?

All welcome.

St Vincent De Paul are helping to furnish the houses of asylum seekers. Donations of tv sets in safe working order would be appreciated. Collection of sets will be arranged. Please see Fr Terry.

Monkey salvation for a fish.

"What on earth are you doing?" said I to the monkey when I saw him lift a fish from the water and place it on a tree.

"I am saving it from drowning" was the reply.

The sun that gives sight to the eagle blinds the owl.

.....

Tomorrow's forecast: God reigns and the Son shines!

ASPIRE FINANCIAL & RETIREMENT PLANNING PTY LTD

Specialist in Taxation, Superannuation, Retirement Planning, Centrelink issues and Estate Planning. Contact Mike or Gavin Jolley on 9466 8777

ASTRO GRAPHICS

For all your Designing & Printing needs. Contact Sue & Chris Schembri on 9350 7033

TONY'S IT EXPERTS

Need a computer expert? Contact Tony for a free quotation on 0423 694 938

A & G HOME AND OFFICE FURNITURE REMOVALS. Call 9464 3931 BUNDOORA DRY CLEANERS (Polaris). Call 0469 784 285