



OLW NEWS 2018

Tel: 9460 6684
Email: principal@olwkingsbury.catholic.edu.au

Issue: 20

Date: Monday, July 16, 2018

Dear Parents & Families,

Welcome back to the beginning of a new term and we hope that everyone has enjoyed a restful break. Over the holidays whilst the school site was vacant we had some repair work completed on the roof of the school, with now just some minor repairs outside the staffroom which will be undertaken next school holidays to complete the work.

NEW ATTENDANCE GUIDELINES

If your child is sick, absent or late to school, you are now legally required to notify the school as soon as possible **ON THE DAY** of absence before 9.00am, or prior to the day, by phoning or by informing us through the school app.

From the beginning of Term 3 2018, all Victorian schools are now required to contact parents/carers as soon as practicable on the same day of an unexplained student absence. Therefore, if your child is absent on a particular day and you have not contacted the school by 9.15am to explain why, you will be contacted by the school.

So please remember it is now your responsibility to contact us to provide an explanation for your child's absence.

STAFF NEWS

Miss Melanie Kent is on leave for the first two and a half weeks of term to attend a family wedding in Ireland. During this time Mrs Shirley Schroeder, who is well known to the students, will taking over teaching responsibilities for the Year 1/2K class.

Mrs Anna Jongebloed is on long service leave for the first seven weeks of term. Mrs Brenda Hutchison will cover some of Anna's role during this time.

WATER ONLY @ OLW

OLW has a water only policy for drinks at school. After discussions at the School Education Board throughout the first half of this year, it has been decided that from the commencement of Term 3 if

any type of drink other than water is ordered and brought to school, it will be placed in the fridge and given to the child to take home at the end of the day. This also applies to families who may bring in McDonald's or other take-away meals for their child. If you are ordering a drink with the meal, please ask for a bottle of water as the drink, otherwise it will be placed in the fridge until the end of the day also.

CONFIRMATION PARENT-CHILD NIGHT

There is a Confirmation Parent – Child Night next Tuesday evening at 7.00pm for the parents and candidates who will be celebrating the Sacrament on Thursday August 30. Please make sure that you have this date in your diary.

TERM 3 SPORTING SCHOOLS PORGRAM - BASKETBALL

The Sporting Schools Program will commence on Tuesday, August 7th and will run until Tuesday, September 18. This term it will be basketball and there are strictly limited places. Please find attached with this newsletter a permission / medical form that we ask families to complete and return to school.

Enjoy the week!

Kevin Burke

SACRAMENTAL DATES FOR 2018

Sacrament of Confirmation for Year 6 students will take place on Thursday 30th August at 5:00pm with Bishop Terry Curtin as the celebrant.

A Commitment Mass for Confirmation will take place on Sunday August 5 at the 10.00am Parish Mass.

A Parent - Child Night will be held on Tuesday July 24 at 7.00pm.

Sacrament of Penance (Reconciliation) for Year 2 students will take place on Tuesday 30th October at 7:00pm. **A Commitment Mass** for this Sacrament will take place on Sunday 14th October at the 10:00am Parish Mass.

TERM 3 CALENDAR

JULY

TUE 24 **CONFIRMATION PARENT-CHILD NIGHT – 7.00PM**
TUE 31 **100 DAYS OF PREP**

AUGUST

WED 1 **EDUCATION BOARD MEETING**
FRI 3 **PRINCIPALS NETWORK MEETING**
SUN 5 **CONFIRMATION COMMITMENT MASS**
FRI 10 **YEAR 5/6 INDOOR BASKETBALL TOURNAMENT**
WED 15 **YEAR 5/6 CAMP INFORMATION NIGHT – 7.00PM**
FRI 17 **YEAR 3/4 INDOOR BASKETBALL TOURNAMENT**
THUR 23 **DEPUTY PRINCIPALS CONFERENCE**
FRI 24 **DEPUTY PRINCIPALS CONFERENCE**
THUR 30 **SACRAMENT OF CONFIRMATION**
FRI 31 **FATHER'S DAY BREAKFAST**
 YEAR 5/6 INDOOR SOCCER TOURNAMENT

SEPTEMBER

WED 5 **EDUCATION BOARD MEETING**
FRI 7 **YEAR 3/4 INDOOR SOCCER TOURNAMENT**
WED 12 **YEAR 5/6 PHILLIP ISLAND CAMP**
THUR 13 **YEAR 5/6 PHILLIP ISLAND CAMP**
FRI 14 **YEAR 5/6 PHILLIP ISLAND CAMP**
THUR 20 **WEAR YOUR TEAM COLOURS DAY**

RED DOOR SCHOOL LUNCH MENU FOR OLW

Sandwiches		Something Different		Hot Food Selection	
Ham	\$4.00	Ham & salad wrap	\$6.50	Beef Lasagna	\$6.00
Chicken	\$4.00	Chicken & salad wrap	\$6.50	Spaghetti Bolognese	\$6.00
Chicken Schnitzel	\$4.50	Chicken Schnitzel & salad wrap	\$7.00	Penne Bolognese	\$6.00
Salami	\$4.00	Egg & salad wrap	\$6.00	Chicken strips & chips	\$7.50
Tuna	\$4.50			Chips	\$4.00
Egg	\$3.50			Wedges	\$4.50
Salad	\$3.50			Homemade sausage rolls	\$4.00/7.90
Tasty Cheese	\$3.50			Pizza	\$4.50
Vegenite	\$2.50			Chicken strips only	\$2.50
Cream Cheese	\$2.50				
White/Wholegrain/Multigrain					
Extra Fillings					
		Smartfood.....Cool Choices		Cold Drinks	
Tomato, Lettuce, Carrot,		Salad only	1/2 size	Water	\$3.00
Cucumber, Beetroot	each \$0.50		Full size		
Cheese	extra \$1.00				
Avocado	extra \$2.50	Salad with	1/2 size		
		ham, chicken	Full size		
Rolls/Wraps	extra \$0.50	or tuna			

Please note: **Orders need to be placed before 11.00am.**
 Late orders will incur a \$5.00 fee.
 An account needs to be set up with Red Door before orders will be accepted.
 Phone Red Door Café to place your order on 9078 9725

Choose water as a drink

Drinking water is the best way to quench your thirst. Even better, it doesn't have all the extra sugar found in fruit drinks and juices, soft drinks, sports drinks and flavoured mineral waters.

A lot of Sugar!

Did you know that 250ml of fruit juice or soft drink contains the equivalent of approximately **6 teaspoons of sugar**? Add it up: if one teaspoon contains 4 grams of sugar, just one drink a day puts almost an extra **9 kilograms of sugar** into your system every year!



Why drink water?

- ★ It helps prevent decay and holes in your teeth.
- ★ The fluoride found in tap water in most areas helps you develop strong teeth.
- ★ Tap water costs a whole lot less than other drinks.

Often we don't feel thirsty, even when our bodies need fluid. That's why it's a good idea to drink water regularly during the day, and especially when it's hot.

It's also important to make sure you drink water before you play sport or games. Drink plenty afterwards too so that you make up for what you've lost through sweating.

"About two-thirds of the human body is made up of water."

Water and your body

- ★ About two-thirds of the human body is made up of water.
- ★ Water helps control your body temperature, carries nutrients and oxygen to cells, cushions joints, protects organs and helps to remove wastes.
- ★ Water is lost from the body through sweating, breathing and going to the toilet.
- ★ Dehydration – or not having enough fluid in your body – can cause headaches, tiredness, crankiness and poor concentration.

How much should I drink each day?

All children 4-8 years - 1.2 litres per day or about 5 glasses

Boys 9-13 years - 1.6 litres per day or about 6 glasses

Girls 9-13 years - 1.4 litres per day or about 5-6 glasses

Remember, you need to drink extra water on hot days and during moderate or vigorous activity.



Our Lady of the Way Primary School

Green Avenue, Kingsbury
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KINGSBURY, Vic 3083

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Email: principal@olwkingsbury.catholic.edu.au

Our Lady of the Way Sporting Schools Program

16th July, 2018

Dear Parents,

The Sporting Schools Program for Term 3 will commence **August 7th, 2018**.

The program will operate on each **TUESDAY** during Term 3 beginning on **TUESDAY 7th August and run until TUESDAY 18th September, 2018**. The program will commence directly after school. Each session will finish at **4.45pm**. Fruit will be provided, but the students will need to have their own water bottle.

This Term's sport will be **BASKETBALL**. Places are strictly limited, so if you would like your child to be considered for the program please complete the Permission / Medical Form and return it to the school office by **WEDNESDAY 1st August, 2018**. Places will be offered based on the return of the form, and you will be notified in writing by Ms Pullen if you have been successful in gaining a place on Thursday 2nd August, 2018.

Students can wear their regular school uniform, and may bring a change of runners to wear. If the weather is too cold or wet, then a modified program will take place in the school hall.

Yours sincerely,

Kevin Burke

Sporting Schools Program Term 3, 2018 Permission and Medical Form.

This information is intended to assist the school in case of any medical emergency with your child. All information is held in confidence.

Child's name:

Date of Birth: School year:

Parent's/Guardian's Full Name:

Address: Post Code:

Emergency telephone: (School hours) Contact name:

Name and address of family doctor:

Medicare Number:

Medical/Hospital Insurance Fund: Contribution Number:

Please tick if your child suffers from any of the following:

- | | | |
|------------------------------------------|------------------------------------|-------------------------------------------|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Blackouts | <input type="checkbox"/> Fits of any type |
| <input type="checkbox"/> Dizzy spells | <input type="checkbox"/> Migraine | <input type="checkbox"/> Heart condition |
| <input type="checkbox"/> Travel sickness | <input type="checkbox"/> Asthma | |
| <input type="checkbox"/> Other: | | |

Allergies to:

Penicillin: Other drugs:

Any foods: Other:

What special care is recommended?

Tablets and medicines

Is your child presently taking tablets and/or medicine? YES/NO

If YES, please state name of medication, dosage, etc.

All medication must be handed to the teacher in charge prior to leaving. All containers must be labelled with your child's name, the dosage to be taken and when it should be taken. If it is necessary or appropriate for your child to carry their own medication (for example asthma puffers and insulin for diabetes) it must be with the knowledge and approval of both the teacher in charge and yourself.

I _____ have read the attached outline of the Sporting Schools Program to be held during Term 3, 2018 and give permission for my child _____ to participate in this activity.

In the event of any illness or accident to _____ I authorise the obtaining, on my behalf such medical assistance as he/she may reasonably require. I accept all operative, blood transfusion and/or anaesthetic risks involved and the responsibility for payment of all expenses incurred.

Name: _____

Name: _____

Signature: _____

Signature: _____

Date: _____

Date: _____

Parish of Our Lady of the Way Kingsbury

Presbytery: 13 Green Ave, Kingsbury, 3083



Parish Priest: Fr Terry Bergin
Email: terrybergin1@bigpond.com

Tel: 9462 1221

School Tel: 9460 6684

Parish Website: OLV Kingsbury

Mass Timetable

Saturday – Vigil Mass:	6.00PM
Sunday:	8.00AM and 10.00AM
Weekdays:	10.00AM
Sacrament of Reconciliation:	Saturday from 5.15 to 5.45PM
Rosary Monday to Saturday:	9.30AM
Divine Mercy Chaplet	After Mass Daily
Exposition of the Blessed Sacrament:	Friday from 9.00 to 9.30AM
Baptisms and Marriages by appointment: Please ring 9462 1221	

Entrance Antiphon: As for me, in justice I shall behold your face; I shall be filled with the vision of your glory.

Communion Antiphon: The sparrow finds a home, and the swallow a nest for her young; by your alters, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

Readers for Sunday Mass

15 th Jul	6pm m Reid	8am P Hearity	10am A Crupi
22 nd Jul	6pm E Nguyen	8am E McGoon	10am B Hayes

Extraordinary Ministers of Holy Communion

15 th Jul	6pm E Gleeson	10am M Leonard
22 nd Jul	6pm M Nolan	10am N Buchan

OLW Church Cleaning Roster

21 st Jul	Professional Cleaners
4 th Aug	Thien Lan Nguyen E Nguyen Charles

OLW Sacristy Linen Laundering Roster

22 nd Jul	Lan
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11th Jul:	Church Account	\$957.00
	Presbytery Account	\$734.00

Sun 15th Jul: Please remember recently deceased Adrian Barnard, Barbara Ryan and Martin Lane. We also remember the 2nd anniversary of Ben Sciartilli.

Christmas in July will take the place of July luncheon this month. Payment for lunch can be made after mass on the following dates: 7th July 6pm, 8th July 8am and 10am. Also on the 14th and 15th July after all masses.

Talk on faith: Rosemarie Prosser will be coming to OLW on Thursday 9, 16, 23, and 30th Aug after the 10am daily mass. She will be here to answer any questions on faith we might have. All are welcome. **Any questions you may have can be placed in the box in the foyer with Rosemarie's name on it.**

Holy humour...Fatherly advice:

“Dad, when can I have a car?”

“When you shave and get a haircut.”

“Well Dad, I’ve been reading the Bible a lot lately, and I understand that Jesus didn’t cut his hair or shave his beard.”

“Yes, and he also walked everywhere he went.”

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