



OLW NEWS 2016

Tel: 9460 6684
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Issue: 27

Date: Monday 3 October, 2016

Dear Parents & Families,

Thank you to everyone who attended the Parent – Teacher – Student Chats at the end of last term. These days are very important to maintain a dialogue and partnership between the student, the home and the school. Please remember that the teachers are also available at any other time throughout the school year that you may have a need or a concern over your child's learning or wellbeing.



SWIMMING

Swimming commences tomorrow for Years Prep – 2 and continues until November 22. Please ensure that your child has their bathers, towel and other essentials in a separate swimming bag.

ATHLETICS

The Division Athletics are being held this Thursday at Meadowglen Athletics Stadium in Epping. We have a number of students who will be representing OLW in both track and field events and we wish all competitors the best of luck in their event.



PREP 2017 INFORMATION NIGHT

A Prep 2017 Information Night for families who have accepted a position for next year will be held on Wednesday October 19. Uniform fitting is available from 6.00pm, with both students and parents attending the information session commencing at 7.00pm. Letters with dates for transition were sent home to families last term.

SCHOOL UNIFORM

School Hats are compulsory at all times in Term 4 when the students are outside, and the use of sunscreen is highly recommended. Students may now also

wear their summer uniform on the warmer days. Hats are available for purchase from the school office each day and are reminded that as a Sunsmart School the policy is: 'No Hat, No Play'.



Have a great term!

Kevin Burke

RELIGIOUS EDUCATION NEWS

SACRAMENT OF RECONCILIATION

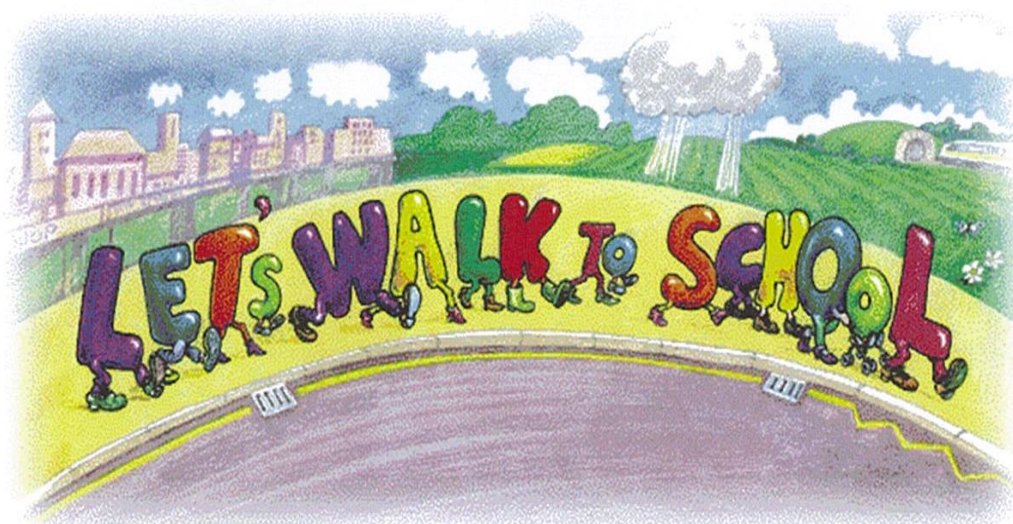
All Grade 2 students who have been baptised in the Catholic Church are invited to receive the Sacrament of Reconciliation (Penance) on Tuesday, 8th November at 7:00pm in the Parish Church. A Commitment Mass for the Sacrament of Reconciliation (Penance) will take place on Sunday 9th October as part of the 10:00am Parish Mass.

Catherine Laycock
(Religious Education Leader)

OLW SCHOOL CALENDAR

OCTOBER

MON 3	TERM 4 COMMENCES
TUE 4	SWIMMING – PREP & YR1/2
THUR 6	DIVISION ATHLETICS
FRI 7	SWIMMING – PREP & YR1/2
SUN 9	RECONCILIATION COMMITMENT MASS
TUE 11	SWIMMING – PREP & YR1/2
WED 12	REGION ATHLETICS
FRI 14	PRINCIPALS MEETING
MON 17	RECONCILIATION PARENT – CHILD NIGHT
TUE 18	SWIMMING – PREP & YR1/2
WED 19	PREP 2017 INFORMATION NIGHT
TUE 25	SWIMMING – PREP & YR1/2
FRI 28	SCHOOL SPORTS DAY
MON 31	SCHOOL CLOSURE DAY



To encourage more physical activity, the SRC is coordinating “Let’s Walk to School Month”

Our Lady of the Way is excited to be taking part in VicHealth’s Walk to School from **3-28 October**. Walk to School encourages primary school students to walk to and from school every day in October to highlight the ways walking improves children’s health and wellbeing. Walking to school is a great way to help kids achieve the recommended 60 minutes of physical activity each day.

We’ll be encouraging families and students to walk to and from school as often as possible during October to help students learn healthy habits for life.

Classroom calendars will be used to record each time students walk, ride or scoot to and from school.

Attached to this newsletter is a Parents Information sheet about Walk to School. You can also visit the Walk to School website for more information:
www.walktoschool.vic.gov.au

Not sure how to get started? There are lots of ways families can get involved. You might like to: • walk with your child to and from school and enjoy the chance to chat • connect with other families and friends on your way to school, and share the journey • part way is ok – if you live a long distance from school or have limited time, drive part of the way to school and walk the rest, • mix it up – if your child enjoys riding their bike or scooter, that’s great too!

So get involved and begin walking!

RIDE or
WALK
to school



Our Lady of the Way Primary School

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KINGSBURY, Vic 3083

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Email: principal@olwkingsbury.catholic.edu.au

Our Lady of the Way Sporting Schools Program

October 3rd, 2016

Dear Parents,

The Extra Curricular Sporting Schools Program for Term 4 will commence **Tuesday 18th October, 2016**.

The program will operate for 7 weeks on each **TUESDAY** during Term 4, beginning on **TUESDAY 18th October, 2016** and run until **TUESDAY 6th December, 2016**. The program will commence directly after school. Each session will finish at **4.45pm**. Fruit will be provided, but the students will need to have their own water bottle.

This Term's sport will be **BASKETBALL**. Places are strictly limited, so if you would like your child to be considered for the program please complete the Permission / Medical Form and return it to the school office by **THURSDAY October 13th, 2016**. Places will offered based on the return of the form, and you will be notified in writing by Ms Pullen if you have been successful in gaining a place on Friday, October 14th, 2016.

Students can wear their regular school uniform, and may bring a change of runners to wear. If the weather is too cold or wet, then a modified program will take place in the school hall.

The Sporting Schools program is open to all students of all levels for the rest of the year including the Preps.

Yours sincerely,

Kathy Pullen

Sporting Schools 2016 Permission and Medical Form.

This information is intended to assist the school in case of any medical emergency with your child. All information is held in confidence.

Child's name:

Date of Birth: School year:

Parent's/Guardian's Full Name:

Address: Post Code:

Emergency telephone: (School hours)..... Contact name:.....

Name and address of family doctor:

Medicare Number:

Medical/Hospital Insurance Fund:..... Contribution Number:

Please tick if your child suffers from any of the following:

- | | | |
|--|------------------------------------|---|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Blackouts | <input type="checkbox"/> Fits of any type |
| <input type="checkbox"/> Dizzy spells | <input type="checkbox"/> Migraine | <input type="checkbox"/> Heart condition |
| <input type="checkbox"/> Travel sickness | <input type="checkbox"/> Asthma | |
| <input type="checkbox"/> Other: | | |

Allergies to:

Penicillin: Other drugs:

Any foods: Other:

What special care is recommended?

Tablets and medicines

Is your child presently taking tablets and/or medicine? YES/NO

If YES, please state name of medication, dosage, etc.

All medication must be handed to the teacher in charge prior to leaving. All containers must be labelled with your child's name, the dosage to be taken and when it should be taken. If it is necessary or appropriate for your child to carry their own medication (for example asthma puffers and insulin for diabetes) it must be with the knowledge and approval of both the teacher in charge and yourself.

I _____ have read the attached outline of the Sporting Schools Program to be held during Term 1 2016, and give permission for my child _____ to participate in this activity.

In the event of any illness or accident to _____ I authorise the obtaining, on my behalf such medical assistance as he/she may reasonably require. I accept all operative, blood transfusion and/or anaesthetic risks involved and the responsibility for payment of all expenses incurred.

Name: _____

Name: _____

Signature: _____

Signature: _____

Date: _____

Date: _____



Term 4 Fundraiser – Friday October 21

This term our major fundraising activity is participating in the Tastepoint taste test. Community and school groups are offered the opportunity to participate in the taste testing of 7 samples of cooked Australian beef or lamb for organisations such as Meat and Livestock of Australia and the C.S.I.R.O. The results of this taste testing assists in improving the quality of Australian meat.

In return for a successful taste testing, our school will receive a donation of \$1,000.

To qualify for the \$1,000 donation we need to provide a minimum of 60 participants (at least 20 people at each session) who are:

- 18 - 70 years old
- eat red meat at least once a fortnight
- enjoy meat cooked medium rare to medium well done

You can bring friends, family, neighbours or anyone to the tasting session, so long as they meet the criteria above. They don't need a direct relationship to the school, they just have to like meat!

If you, or anyone you know can assist, please complete the response form below. If you would like any further information feel free to go their website at <http://www.tastepoint.com.au>.

✂-----✂

Tastepoint Fundraiser Friday October 21

Name: _____

Contact No: _____

No. of people participating: _____

Session Time – Please number 1st and 2nd preference.

☐

3.30pm

☐

4.30pm

☐

5.30pm

Parish of Our Lady of the Way Kingsbury

Presbytery: 13 Green Ave, Kingsbury, 3083



Parish Priest: Fr Terry Bergin
Email: terrybergin1@bigpond.com
Parish Website: OLW Kingsbury

Tel: 9462 1221

School Tel: 9460 6684

Mass Times Table

Saturday – Vigil Mass:

6:00 PM

Sunday:

8:00 AM and 10:00 AM

Weekdays:

10:00 AM

Sacrament of Reconciliation:

Saturday from 5:15 to 5:45 PM

Rosary Monday to Saturday:

9:30 AM

Divine Mercy Chaplet:

After Mass Daily

Exposition of the Blessed

Friday from 9:00 to 9:30 AM

Sacrament:

Baptisms and Marriages by appointment: Please ring 94621221.

Entrance Antiphon: Within your will, O Lord, all things are established and there is none that can resist your will. For you have made all things, the heaven and the earth, and all that is held within the circle of heaven; you are the Lord of all.

Communion Antiphon: The Lord is good to those who hope in him, to the soul that seeks him.

Readers for Sunday Mass

2 nd Oct	6pm J.Glover	8am K.McGrath	10am B.Hayes
9 th Oct	6pm E.Nguyen	8am B.Bowlen	10am J.Aroquianadin

Extraordinary Ministers of Holy Communion

2 nd Oct	6pm L.Gangi	10am N.Buchan
9 th Oct	6pm K.Zanini	10am N.George Swamy

OLW Church Cleaning Roster

22 th Oct	Professional Cleaners
05 th Oct	B.Bowlen, M.Magnacca, P.Mathews

OLW Sacristy Linen Laundering Roster

02 nd Oct	Pia Matthews
09 th Oct	Barbara Hayes

31st Aug	Church Account	\$1264
	Presbytery Account	\$724

Sunday 02/10/2016 – 10 am mass: Michael Grant 2nd anniversary, Sergio Stippinich RIP

Continuing the conversation: How do we live our spirituality? Next conversation with Pat Herity on Wednesday Oct 19th at 10:45 am. Notes from the first conversation now available in the foyer. Please bring them with you on the 19th October. All welcome.

Senior's Christmas parish lunch: will be held on 6th December in parish hall. Cost \$15 per person.

Need a volunteer from each mass to help collect names and money for senior Christmas lunch to be held in our parish hall last week in November. Any takers see Dorothy thanks.

24 Hours of Adoration: in this year of Mercy will take place at St Mary's Greensborough following 9:15 am mass on Friday 7th October through till 8:30am mass Saturday 8th October. All welcome, any queries please phone Brian Rooney on 0413885168.

Silent Adoration: from 5:30pm through till 6:30pm each Wednesday for one hour silent adoration before the Blessed Sacrament at the Irish Martyr's chapel, Loyola College. All welcome, any queries please phone Brian Rooney on 0413885168.

Reflection

Losing and finding Dad in dementia - Thursday 16 June 2016.

Losing and finding Dad in dementia Julie Guirgis, Eureka Street

... Then he yelled out yet again, "Where's Anthony?", pounding on the door so brashly that it sounded like a gun in a Mad Max movie. Without a bulletproof vest to protect me I felt the metal penetrate my skin. I laid there immobilised, and let out an unfamiliar scream before I burst into tears.

"They are going to kill me if I go outside," he cried. He became so paranoid that he thought the fridge door was a point of entry for these imaginary perpetrators."

No long after the incident in my bedroom Dad displayed more concerning behaviour. The ugly side of dementia had once again raised havoc in this tormented head. "They are going to kill me if I go outside," he cried with the helplessness of a child.

His terror-filled eyes stood out against his frail, distraught face while his breath came out in ragged gasps. He became so paranoid that he thought the fridge door was a point of entry for these imaginary perpetrators. When I would open the fridge he would scream "Shut the door," slamming it with such force that it nearly crushed me.

Dad's illness sometimes causes ambiguous loss. It is unclear, has no resolution or closure. He is like someone I don't know anymore; he is gone but still there. This leads to complicated grief. I search for Dad's familiar face, but even that has changed. His eyes that once shone are glazed with confusion and fear. I barely see a glimpse of him. I can't look at him without seeing a fading picture of who he used to be, and speak of him in the past tense.

When I reflect on who he was before, it helps me separate him from the illness. I gaze lovingly at the photos of him resting on the mantelpiece. I see a jovial man with a warm smile, who loves his family more than life itself. My impatience softens. I press the photo against my chest, closing my eyes and remembering the magical moments. Days of going to the beach, soaking the sun and fresh air, frolicking in the sand. Calmness comes over me, remembering a time when I felt safe and at peace.

(...to be continued...)

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Need a computer expert? Call Tony on 0423694938 for a free quote.

For Home, carpet, window, garden & Lawn maintenance contact Georgeta 0415366709

A & G Home and Office Furniture Removals. 94643931.