



OLW NEWS 2022

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Issue: 16

Date: Monday May 30 2022

Dear Parents & Families,

Thank you to everyone who assisted in our celebration of our School Feast Day last Tuesday. After gathering for a Paraliturg at 9.00am, the students were involved in a variety of Circus Skills activities as well as enjoying a free Sausage Sizzle lunch. Many thanks to the P&F for providing and cooking the Sausage Sizzle! We have included some pictures of the day in this week's newsletter.

NATIONAL RECONCILIATION WEEK

National Reconciliation Week is a chance for schools to reflect and learn more about our shared history in Australia. It originally started as a Week of Prayer for Reconciliation in 1993 (the International Year of the World's Indigenous Peoples) and was supported by Australia's major faith communities.

In 1996, the Council for Aboriginal Reconciliation launched Australia's first National Reconciliation Week. In 2001, Reconciliation Australia was established to continue to provide national leadership on reconciliation.

This year's theme, 'Be Brave. Make Change' challenges us all to tackle the unfinished business of reconciliation.

During the week, from Friday May 27 to Friday June 3, Reconciliation Australia is asking everyone to make change for the benefit of all Australians, beginning with brave actions in their daily lives – where they live, work and socialise. Our FIRE Carriers are leading today's school assembly and will guide us in how we can live out this year's theme.

DIVISION CROSS COUNTRY

The Division Cross Country Championships are being held this Wednesday at Bundoora Park. We wish our 9 competitors the best of luck in their events.

YEAR 3 EUCHARIST PARENT NIGHT

Thank you to all the families who attended our Eucharist Parent Night last Thursday evening. The Year 3 First Eucharist Mass will be celebrated on Sunday, June 19, at 11.30am.

CHANGES TO RAT TESTING

RATs will continue to be distributed to you as they have been throughout Term 2.

However, your child is no longer required to complete a RAT twice a week as previously advised. Students are only required to test if they are symptomatic.

RATs will continue to be required by students who are household contacts to attend school (five negative tests over a seven-day period) or who have symptoms. The ongoing supply of RATs to families in our school will ensure that parents and carers have tests should they need them if their child is a household contact or has symptoms.

Families must continue to notify the Department of Health and the school if their child returns a positive RAT result. Additionally, you should inform us if any of your children are household contacts.

PRINCIPAL FORMATION PROGRAM

I will be attending a Pilot Principal Formation Program run by Melbourne Archdiocese Catholic Schools this week exploring our uniquely Australian Spirituality. If you need any assistance during this time please make contact with Allison Luff or you can also speak with Jacinta, Kerry or Kathryn in the office.

INTERSCHOOL SPORT

Winter Sport continues this Friday with a HOME game against Kingsbury Primary School. Please note that all Soccer matches are played at Donath Reserve.

Parents are welcome to attend matches at schools but must adhere to the COVID Safe entry conditions at each host school. No sign in is required for those attending the Soccer matches at Donath Reserve.

Enjoy the week!

Kevin Burke

PHRASE OF THE WEEK

Congratulations to everyone who found out that 'piece of cake' means *an especially easy and a pleasant task*.

Our phrase for this week is:
'fingers crossed'

Find out it's meaning and see if you can add this phrase to your vocabulary over the next week.



Feast Day 2022 Celebrations

Lately at OSHC

KINGSBURY OUT OF SCHOOL HOURS CARE

Email: oshc.kingsbury.ps@education.vic.gov.au
Telephone: 9462 2354



While we love to talk about all the fun activities we've been up to at OSHC, this fortnight we'd like to congratulate the children for their improved and continued efforts in making our program a positive experience for all. We regularly see children helping each other without being asked to, for instance when Violet gave Amelia great advice on how to get as much out of an orange when we squeezed our own fresh juice one morning. Even with their competitive natures, the kids are also fantastic at adapting games like Twister and down ball so that they are fair for every participant.

Many children have also impressed us with their ability and willingness to step out of their comfort zones to run our afternoon group game, *dicebreakers*. The game involves choosing participants to roll a dice, and asking questions from a booklet that correspond to the number it lands on. Last week, inspired by the DJ incursion that day, Griffin went one step further and even made up his own question to ask the children - "if you were a famous DJ, what would your DJ name be?".

To the parents and carers of children attending OSHC, we're currently seeking your thoughts on the program through a short, half-page survey. This is available on our front table and will only take around 5 minutes to complete. We appreciate your input, which will help to boost the quality of our service.

We're pleased to offer a Pupil Free Day program for KPS children on the Monday the 30th of May. As always, you must be enrolled in the program and have booked in advance. Craft, cooking an sports activities will be matched to suit the interests of whoever is attending on the day. Please arrange your booking before 10am on Friday - you're welcome to use the paper form in the OSHC room, or contact us via email at oshc.kingsbury.ps@education.vic.gov.au.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	TOAST AND CEREAL	BAKED BLUEBERRY PORRIDGE	GRILLED CHEESE ENGLISH MUFFINS	TOAST AND CEREAL	TOAST AND CEREAL
AFTERNOON TEA	PUMPKIN RISOTTO	SAUSAGE SIZZLE	VEGIE & NOODLE STIR FRY	SCONES	CHEESE TOASTIES
ACTIVITY OPTION 1	COOKING: DOG TREATS	JEWELLERY MAKING	ART CHALLENGE THEME: "CREEPY CRAWLIES"	COOKING: GINGER BISCUITS	CRAFT: STITCHING
ACTIVITY OPTION 2	TENNIS	BOCCE	SPUD (BALL GAME)	BUG CATCHING	SOCCER
FREE PLAY IDEAS	WRITE A SEQUEL TO YOUR FAVOURITE BOOK OR MOVIE, MAKE A UNIQUE PUZZLE, LEARN TO PLAY A NEW BOARD GAME, PLAY POKEMON BINGO				



SERVICING OUR LADY OF THE WAY PRIMARY
AVAILABLE on WEDNESDAY!
Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED

LUNCH ITEM ONE

SALADS

- Greek Style Salad with Feta and Olives (V, GF)
- Pic(k)nic Box – Vegetarian (V, GF)
- Pic(k)nic Box with Ham (GF)
- Mexican Inspired Salad (V, GF)
- Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

SUSHI

- Teriyaki Chicken Hand Rolls (2)
- Cooked Tuna Hand Rolls (2)
- Avocado Hand Rolls (2)
- Cucumber Hand Rolls (2)
- Vegetarian Hand Rolls (2)

BAKERY

- Cheese and Bacon Roll
- Cheese and Vegemite Scroll (w/m)
- SCROLL with Ham & Cheese
- Semi Dried Tomato and Olive ROLL
- Topped with Only Cheese Roll

BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

- Margherita Pizza
- Ham and Pineapple Pizza
- Fresh Tomato, with Italian Herbs Pizza
- Spinach and Feta Pizza

SANDWICHES, ROLLS & WRAPS

- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Gluten Free Ham & Cheese Sandwich (GF)
- Simple Salad Roll (V)
- Cucumber & Ham Sandwich (GF)
- Vegemite Sandwich (2)
- Mild Salami and Salad Roll
- Plain Cheese Sandwich (2)
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain Cheese and Tomato Sandwich
- WRAP (GF, DF) Ham and Salad
- Wholegrain Ham and Cheese Sandwich
- Chicken and Salad Roll
- Garden Salad Wrap (GF,DF,V)

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

- Fresh Fruit Combo
- Freshly chopped Strawberries & Grapes
- Lightly Steamed Corn wheels & Broccoli pieces
- Celery & Carrot Sticks with Sultanas
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
- Chia Bowl with Banana, Coconut & Strawberries
- Sugar Snap Peas, Beans & Cherry Tomatoes
- Cantaloupe & Honeydew pieces
- Edamame (Lightly Salted)
- Cherry Tomatoes with Tasty Cheese & Rice Crackers
- Freshly chopped Orange Segments
- Whole Fruit – Banana OR Mandarin

YOGHURT

- Strawberry Chobani Yoghurt
- Blueberry Chobani Yoghurt
- Passionfruit Chobani Yoghurt
- Plain Chobani Yoghurt

BAKED GOODS

- Choc Chip Cookie
- Cornflake Cookie
- Finger Bun with Sprinkles
- Hedgehog Slice
- Choc Cup Cake (GF,DF)
- Blueberry Muffin

DIPS & CRACKERS

- Tzatziki Dip with Rice Crackers
- Avocado Dip with Rice Crackers
- Spring Onion Dip with Rice Crackers

POPCORN/SNACKS

- Dried Fruit Medley with a Yoghurt Frog
- Popcorn - Lightly Salted
- Popcorn - Slightly Sweet, Lightly Salted
- Lightly salted Fav'va Beans
- Chickpeas with Lime & Black Pepper
- Balsamic & Sea Salt Fav'va Beans

DRINKS

- Apple Juice / Orange Juice
- Full Cream Milk
- Lippy's Chocolate Milk
- So Good Soy Milk
- Strawberry Milk – Lactose free

Healthy, Interesting & Affordable Lunches Delivered to School!

More information about Our Offering including
Pricing, Ingredients and Portion Size is available on the Our Menu Page at

www.classroomcuisine.com.au

Parish of Our Lady of the Way Kingsbury

Presbytery: 13 Green Ave, Kingsbury, 3083

Parish Priest: Fr Terry Bergin
Email: terrybergin1@bigpond.com

Tel: 0488 020 364

School Tel: 9460 6684



Parish Website: OLW Kingsbury

Mass Timetable

Saturday – Vigil Mass:	6.00PM
Sunday:	8.00AM and 10.00AM
Weekdays:	10.00AM
Sacrament of Reconciliation:	Saturday from 5.15 to 5.45PM
Rosary Monday to Saturday:	9.30AM
Divine Mercy Chaplet	After Mass Daily
Exposition of the Blessed Sacrament:	Friday from 9.00 to 9.30AM

Baptisms and Marriages by appointment: Please ring 9462 1221

Hello Everyone.

Entrance Antiphon:

Men of Galilee, why gaze in wonder at the heavens?
This Jesus whom you saw ascending into heaven
will return as you saw him go, alleluia.

Communion Antiphon:

Behold, I am with you always,
even to the end of the age, Alleluia.

St Vincent de Paul members are looking for a study table for one of their clients. Is anyone able to help???

Eucharistic Ministers:

May 28 th : 6pm Jim Conway	May 29 th : 8am Gerard Dowling	10am A Mattia
June 4 th : 6pm Pat Hearity	June 5 th : 8am Martina Dowling	10am Margaret Leonard

Readers:

May 28 th : 6pm Pat Hearity	May 29 th : 8am Martina Dowling	10am Maureen Jones
June 4 th : 6pm Vivien Nguyen	June 5 th : 8am Carolyn Nguyen	10am Pia

Reaching the end of a job interview, the Human Resources Officer asks a young engineer fresh out of the Massachusetts Institute of Technology, "And what starting salary are you looking for?" The engineer replies, "In the region of \$125,000 a year, depending on the benefits package." The interviewer inquires, "Well, what would you say to a package of five weeks' vacation. 14 paid holidays, full medical and dental, company matching retirement fund to 50% of salary, and a company car leased every two years, say, a red Corvette?" The engineer sits up straight and says, "Wow! Are you kidding?" The interviewer replies, "Yeah, but you started it."

With thanks,
Fr Terry

The Living Word

The Ascension of the Lord, Year C

29 May 2022

First Reading Acts 1:1-11

Why are you standing here looking into the sky? Jesus has been taken into heaven.

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is,' he had said, 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

Responsorial Psalm

Ps 46:2-3. 6-7. 8-9. R. v.6

**(R.) God mounts his throne to shouts of joy:
a blare of trumpets for the Lord.**

or:

(R.) Alleluia.

1. All peoples, clap your hands,
cry to God with shouts of joy!
For the Lord, the Most High, we must fear,
great king over all the earth. (R.)
2. God goes up with shouts of joy;
the Lord goes up with trumpet blast.
Sing praise for God, sing praise,
sing praise to our king, sing praise. (R.)
3. God is king of all the earth.
Sing praise with all your skill.
God is king over the nations;
God reigns on his holy throne. (R.)

Second Reading Eph 1:17-23

He made Jesus to sit at his right hand in heaven.

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has promised the saints will inherit and how infinitely great is the power that he has exercised for us believers. This you can tell

from the strength of his power at work in Christ, when he used it to raise him from the dead and to make him sit at his right hand, in heaven, far above every Sovereignty, Authority, Power, or Domination, or any other name that can be named, not only in this age, but also in the age to come. He has put all things under his feet, and made him, as the ruler of everything, the head of the Church; which is his body, the fullness of him who fills the whole creation.

or **Heb 9:24-28. 10:19-23**

Christ has entered heaven.

It is not as though Christ had entered a man-made sanctuary which was only modelled on the real one; but it was heaven itself, so that he could appear in the actual presence of God on our behalf. And he does not have to offer himself again and again, like the high priest going into the sanctuary year after year with the blood that is not his own, or else he would have had to suffer over and over again since the world began. Instead of that, he has made his appearance once and for all, now at the end of the last age, to do away with sin by sacrificing himself. Since men only die once, and after that comes judgement, so Christ, too, offers himself only once to take the faults of many on himself, and when he appears a second time, it will not be to deal with sin but to reward with salvation those who are waiting for him.

In other words, brothers, through the blood of Jesus we have the right to enter the sanctuary, by a new way which he has opened for us, a living opening through the curtain, that is to say, his body. And we have the supreme high priest over all the house of God. So as we go in, let us be sincere in heart and filled with faith, our minds sprinkled and free from any trace of bad conscience and our bodies washed with pure water. Let us keep firm in the hope we profess, because the one who made the promise is faithful.

Gospel Acclamation Mt 28:19. 20

Alleluia, alleluia!

Go and teach all people my gospel.

**I am with you always, until the end
of the world.**

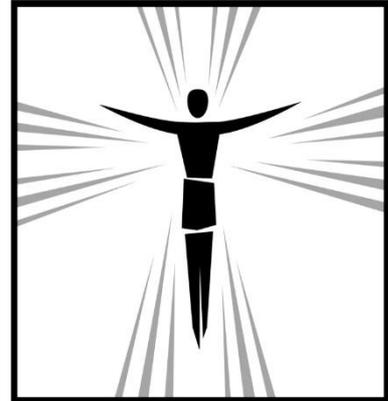
Alleluia!

Gospel Lk 24:46-53

While blessing them, he was taken to heaven.

Jesus said to his disciples: 'You see how it is written that the Christ would suffer and on the third day rise from the dead, and that, in his name, repentance for the forgiveness of sins would be preached to all the nations, beginning from Jerusalem. You are witnesses to this.

'And now I am sending down to you what the Father has promised. Stay in the city then, until you are clothed with the power from on high.' Then he took them out as far as the outskirts of Bethany, and lifting up his hands he blessed them. Now as he blessed them, he withdrew from them and was carried up to heaven. They worshipped him and then went back to Jerusalem full of joy; and they were continually in the Temple praising God.



Reflection by Fr Michael Tate

Our Risen Lord knew that we are naturally, collectively human-centric. He withdrew His risen mode of appearance (what we call 'the Ascension') to make it clear that the whole Universe, including planet Earth, is filled with the presence and power radiating out from his Risen Humanity.

As St Paul wrote in the Epistle to the Romans: 'Creation still retains the hope of being freed from its slavery to decay, to enjoy the same freedom and glory as the children of God.' How is the Risen Lord beginning to fulfil this hope?

At Mass, fractions of creation – the Bread and Wine consecrated for Holy Communion – are transformed into the Real Presence of the Risen Lord.

Eucharistic Prayer III begins with: 'You are indeed Holy, O Lord, and all you have created rightly gives you praise...' How can all creation give God praise? As the ancient church used to teach: Each of you is a microcosm of the macrocosm, called to be a priest for the Cosmos. Through your enlightened mind and inflamed heart, the Cosmos knows that it exists and that it is loved by its Creator. It is beginning to share the freedom and glory of the children of God.

We could pause for a moment, stop staring into Heaven, and ready ourselves to receive the Holy Spirit so as to be what St Paul calls 'the Church which is His Body in whom the fullness of creation dwells'.

mtate@bigpond.com

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Charles Lwanga and his companions were African Catholics who died for their faith in Uganda in the 1880s. At the time Uganda was ruled by King Mwangi who persecuted Christians for their primary allegiance to God rather than their king. Charles Lwanga was the head of the royal page boys, some of whom he had baptised. One day all the pages were assembled and the Christians were separated from the group and arrested. Charles and his companions, many only boys, were martyred for their belief. The example of these passionate young Africans inspired many people who then became converts to Christianity.



How many words can you make from the letters in the word ASCENSION?

Wordsearch

Try to find these words:



- Bethany
- blessed
- disciples
- hands
- happy
- Jerusalem
- Jesus
- praising
- raised
- temple
- time
- worshipped

F	C	E	M	Z	Y	E	F	R	A	I	S	E	D	X
Q	K	R	B	A	O	U	R	V	C	M	C	N	K	Y
A	F	B	E	T	H	A	N	Y	H	A	P	P	Y	J
D	Z	Q	I	M	V	B	F	Q	T	H	V	R	B	V
U	Z	H	S	D	I	S	C	I	P	L	E	S	L	D
L	P	C	J	X	P	Y	T	S	M	R	N	P	Z	Z
A	B	E	C	F	A	L	T	Z	W	S	F	K	R	C
M	P	U	W	O	R	S	H	I	P	P	E	D	X	J
B	L	Z	R	V	B	L	E	S	S	E	D	D	T	I
C	K	F	A	C	P	R	A	I	S	I	N	G	E	J
G	T	J	E	R	U	S	A	L	E	M	T	C	M	E
W	G	U	H	A	N	D	S	U	G	S	M	O	P	S
L	L	M	R	M	A	U	S	R	Z	P	D	O	L	U
Y	J	T	I	M	E	S	K	S	I	E	N	E	E	S