



# OLW NEWS 2022

Tel: 9460 6684

YouTube: [OLW Learning Channel](#)

Email: [principal@olwkingsbury.catholic.edu.au](mailto:principal@olwkingsbury.catholic.edu.au)

Issue: 13

Date: Monday May 9 2022

Dear Parents & Families,

Happy Mother's Day to all OLW mum's for yesterday. I hope that you were all spoilt by your children and had a wonderful day with your family!

I would like to thank the P & F for all their work in the organising and selling of gifts at the Mother's Day Stall to assist in making it such a special event. Thank you also to all the mum's who attended our Afternoon Tea on Friday. It was great to have you here!

### CROSS COUNTRY TRIAL

Congratulations on a fine effort from the 42 students who competed in our Cross Country Trial last Friday at Bundoora Park. Team selection for the District Cross Country has now been made based on finishing order. Thank you to all the parents who came along to support their children and assist in marshalling the course and a special thank you to Parade College for providing the buses to transport our students to and from Bundoora Park.

### SCHOOL UNIFORM

Now that winter is upon us, it is timely to remind families of what other items form part of our winter uniform. All students are able to wear either the blue school pants or blue school tracksuit pants along with their polo shirt and school windcheater. Students are able to continue wearing the school shorts instead of the long pants, but the coldness of the weather may soon win out. Leggings or the summer dress with tights underneath are not part of our school winter uniform. We also have a beanie available as part of our uniform. You can purchase them from Buxwear or from the school office at a cost of \$10.00.

### NAPLAN

NAPLAN Testing commences this Tuesday and continues over 2 weeks until Friday May 20 for schools who are required to complete the testing online. Students in Years 3 & 5 undertake this assessment and an information sheet was sent home to all Year 3 & 5 parents last Monday.

### SCHOOL ADVISORY COUNCIL

Our next School Advisory Council Meeting is this Wednesday May 11 at 5.00pm. Minutes and Agenda have been distributed through our school app.

### TERM 2 ENTRY & EXIT TIMES

Our House Team entry and exit times for Term 2 are:

- Entry - Bates – 8.30am  
Kelly – 8.40am  
Latrobe – 8.50am
- Exit - Bates – 3.10pm  
Kelly – 3.20pm  
Latrobe – 3.30pm

Parents are welcome to come onsite in the morning, but we will continue with our current dismissal procedure in the afternoon to reduce congestion at the gate and in the carpark. Staff will be outside their rooms to greet the students and parents in the morning, during this time as this is a meet and greet time.

### P & F MEETING

Our next P & F Meeting is this Tuesday, May 10 at 3.45pm in the school staffroom.

### PREP 2023

Our Prep 2023 School Tours for prospective families continue on next Tuesday May 17. Tours commence at 9.15am and last approximately 1 hour. Prep 2023 Applications close next Friday, May 20, with interviews commencing on Wednesday May 25.

### INTERSCHOOL SPORT

Winter Sport recommences this Friday with an AWAY game against Reservoir East Primary School. Please note that all Soccer matches are played at Donath Reserve. Parents are welcome to attend matches at other schools but must adhere to the COVID Safe entry conditions at each host school. No sign in is required for those attending the Soccer matches at Donath Reserve.

Enjoy the week!

Kevin Burke

### PHRASE OF THE WEEK

Congratulations to everyone who found out that 'heart of gold' means *extremely kind, generous and forgiving*.

Our phrase for this week is:

**'apple of my eye'**

Find out it's meaning and see if you can add this phrase to your vocabulary over the next week.



Mother's Day Afternoon Tea



**SERVICING OUR LADY OF THE WAY PRIMARY**  
**AVAILABLE on WEDNESDAY!**  
**Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED**

### LUNCH ITEM ONE

#### SALADS

- Greek Style Salad with Feta and Olives (V, GF)
- Pic(k)nic Box – Vegetarian (V, GF)
- Pic(k)nic Box with Ham (GF)
- Mexican Inspired Salad (V, GF)
- Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

#### SUSHI

- Teriyaki Chicken Hand Rolls (2)
- Cooked Tuna Hand Rolls (2)
- Avocado Hand Rolls (2)
- Cucumber Hand Rolls (2)
- Vegetarian Hand Rolls (2)

#### BAKERY

- Cheese and Bacon Roll
- Cheese and Vegemite Scroll (w/m)
- SCROLL with Ham & Cheese
- Semi Dried Tomato and Olive ROLL
- Topped with Only Cheese Roll

#### BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

- Margherita Pizza
- Ham and Pineapple Pizza
- Fresh Tomato, with Italian Herbs Pizza
- Spinach and Feta Pizza

#### SANDWICHES, ROLLS & WRAPS

- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Gluten Free Ham & Cheese Sandwich (GF)
- Simple Salad Roll (V)
- Cucumber & Ham Sandwich (GF)
- Vegemite Sandwich (2)
- Mild Salami and Salad Roll
- Plain Cheese Sandwich (2)
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain Cheese and Tomato Sandwich
- WRAP (GF, DF) Ham and Salad
- Wholegrain Ham and Cheese Sandwich
- Chicken and Salad Roll
- Garden Salad Wrap (GF,DF,V)

### LUNCH ITEM TWO/THREE

#### FRESH FRUIT & VEG

- Fresh Fruit Combo
- Freshly chopped Strawberries & Grapes
- Lightly Steamed Corn wheels & Broccoli pieces
- Celery & Carrot Sticks with Sultanas
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
- Chia Bowl with Banana, Coconut & Strawberries
- Sugar Snap Peas, Beans & Cherry Tomatoes
- Cantaloupe & Honeydew pieces
- Edamame (Lightly Salted)
- Cherry Tomatoes with Tasty Cheese & Rice Crackers
- Freshly chopped Orange Segments
- Whole Fruit – Banana OR Mandarin

#### YOGHURT

- Strawberry Chobani Yoghurt
- Blueberry Chobani Yoghurt
- Passionfruit Chobani Yoghurt
- Plain Chobani Yoghurt

#### BAKED GOODS

- Choc Chip Cookie
- Cornflake Cookie
- Finger Bun with Sprinkles
- Hedgehog Slice
- Choc Cup Cake (GF,DF)
- Blueberry Muffin

#### DIPS & CRACKERS

- Tzatziki Dip with Rice Crackers
- Avocado Dip with Rice Crackers
- Spring Onion Dip with Rice Crackers

#### POPCORN/SNACKS

- Dried Fruit Medley with a Yoghurt Frog
- Popcorn - Lightly Salted
- Popcorn - Slightly Sweet, Lightly Salted
- Lightly salted Fav'va Beans
- Chickpeas with Lime & Black Pepper
- Balsamic & Sea Salt Fav'va Beans

#### DRINKS

- Apple Juice / Orange Juice
- Full Cream Milk
- Nippys Chocolate Milk
- So Good Soy Milk
- Strawberry Milk – Lactose Free

**Healthy, Interesting & Affordable Lunches Delivered to School!**

More information about Our Offering including  
Pricing, Ingredients and Portion Size is available on the Our Menu Page at

[www.classroomcuisine.com.au](http://www.classroomcuisine.com.au)



HELPING YOUR CHILD

# BE BETTER THAN OKAY

PRESENTED BY DR HELEN STREET & LOYOLA COLLEGE

---

This session will include a focus on **challenging** traditional notions of success, **supporting** autonomous motivation, taking a **positive approach** to feedback and **developing** effective communication with your adolescent children.

---

Thursday 26 May, 2022 | 7 — 8pm  
Inigo Theatre, Loyola College  
Open to local parents of primary  
& secondary students

**BOOK NOW VIA [LOYOLA.VIC.EDU.AU/TICKETS](https://loyola.vic.edu.au/tickets)**

# ABOUT DR. HELEN STREET

Dr Helen Street is one of Australia's most highly respected experts in wellbeing and resilience.

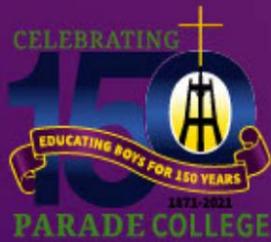
She works as an education consultant, an applied social psychologist and an honorary fellow at The University of Western Australia. With a passion for educational reform and challenging the status quo, Helen has become known as a pioneer in the development and support of long-term learning engagement, motivation and wellbeing in schools.

Over the past twenty years, Helen has worked with schools in Europe, the UK, Australia and SE Asia, and published four books, several book chapters and more than 100 articles and academic papers supporting wellbeing in young people. Her fourth book, *'Contextual Wellbeing — creating positive school from the inside out'* has become an international best-seller in education and has led to an increasing reconsideration of wellbeing at a systems level, involving every aspect of school context.



## TO LEARN MORE, HEAD TO:

W: [POSITIVESCHOOLS.COM](https://positiveschools.com)  
E: [HELEN.STREET@UWA.EDU.AU](mailto:HELEN.STREET@UWA.EDU.AU)  
 [@DRHELENSTREET](https://twitter.com/DRHELENSTREET)



# CELEBRATING 150 YEARS OF PARADE COLLEGE

# 150

# PAST PRESENT PARADE

FRIDAY 13<sup>TH</sup> MAY 2022

7:30PM & 8:00PM

VILLAGE CINEMAS, WESTFIELD PLENTY VALLEY

Tickets available via Humanitix:

<https://events.humanitix.com/tours/150-past-present-parade-premiere>



# Experience OLMC Heidelberg



## Languages Workshop

- Date:** Monday 16 May  
**Time:** 4.00pm – 5.00pm  
**Location:** Level 2 Centenary Building  
OLMC Heidelberg (enter via on Cape Street)  
**Who is it for:** Girls in Grades 4 and 5  
**Cost:** Free  
**RSVP:** Book online by Thursday 12 May



Try some of the languages offered at Our Lady of Mercy College Heidelberg. Take part in a half hour session of fun activities in each language, experiencing what it's like to study at OLMC Heidelberg:

- French - Learn some French vocabulary through gestures and games.
- Italian - Learn about Carnevale through poems, songs and games, and decorate a Carnevale mask!

**Book your place now: [olmc.vic.edu.au/experience-olmc-heidelberg](http://olmc.vic.edu.au/experience-olmc-heidelberg)**

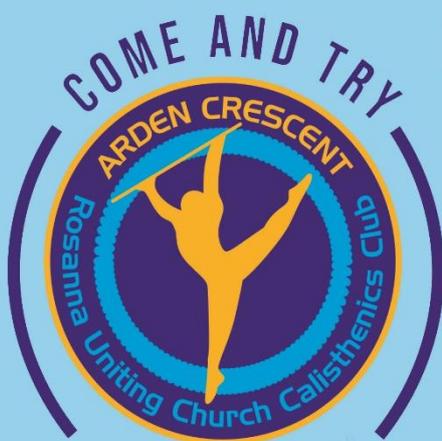
**Our Lady of Mercy College Heidelberg**  
52 Cape Street Heidelberg VIC 3084  
T (03) 9459 2511 | E [enrolments@olmc.vic.edu.au](mailto:enrolments@olmc.vic.edu.au)  
A Ministry of Mercy Education Ltd ABN 69 154 531 870



**OLMC**  
**Heidelberg**  
Empowered together

# COME & TRY CALISTHENICS!

## ARDEN CRESCENT CALISTHENICS CLUB



**NEW ENROLMENTS WELCOME!**

FOR MORE INFORMATION VISIT  
**ARDENCALISTHENICS.ORG**



# Parish of Our Lady of the Way Kingsbury

Presbytery: 13 Green Ave, Kingsbury, 3083

Parish Priest: Fr Terry Bergin  
Email: [terrybergin1@bigpond.com](mailto:terrybergin1@bigpond.com)

Tel: 0488 020 364

School Tel: 9460 6684



Parish Website: OLW Kingsbury

## Mass Timetable

Saturday – Vigil Mass: 6.00PM  
Sunday: 8.00AM and 10.00AM  
Weekdays: 10.00AM  
Sacrament of Reconciliation: Saturday from 5.15 to 5.45PM  
Rosary Monday to Saturday: 9.30AM  
Divine Mercy Chaplet: After Mass Daily  
Exposition of the Blessed Sacrament: Friday from 9.00 to 9.30AM  
**Baptisms and Marriages by appointment: Please ring 9462 1221**

Hello Everyone.

### **Entrance Antiphon:**

The merciful love of the Lord fills the earth;  
by the word of the Lord the heavens were made,  
alleluia.

### **Communion Antiphon:**

The Good Shepherd has risen,  
who laid down his life for his sheep  
and willingly died for his flock, alleluia.

### **New dates:** Sr Kerin Caldwell – Seminars on Ageing Gracefully

May 20<sup>th</sup>, June 3<sup>rd</sup>, June 17<sup>th</sup>, July 1<sup>st</sup>, July 15<sup>th</sup>, July 29<sup>th</sup>. All sessions run from 10.30 -12.30.

Please place your name and phone number on the sheet in the foyer if you would like to attend.

### **Eucharistic Ministers:**

May 7<sup>th</sup>: 6pm Pat Hearity

May 8<sup>th</sup>: 8am Martina Dowling

10am Sue

May 14<sup>th</sup>: 6pm Jenny Glover

May 15<sup>th</sup>: 8am Gerard Dowling

10am Maria

### **Readers:**

May 7<sup>th</sup>: 6pm Jenny Glover

May 8<sup>th</sup>: 8am Martina Dowling

10am Evelyn Ginger

May 14<sup>th</sup>: 6pm Helen Mills

May 14<sup>th</sup>: 8am Carolyn Nguyen

10am Margaret Leonard

Q: I'm tall when I'm young and I'm short when I'm old. What am I?

A: A candle

Q: Mary's father has 5 daughters – Nana, Nene, Nini, Nono. What is the fifth daughters name?

A: If you answered Nunu, you are wrong. It's Mary!

Q: How can a pants pocket be empty and still have something in it?

A: It can have a hole in it.

Q: In a one-story pink house, there was a pink person, a pink cat, a pink fish, a pink computer, a pink chair, a pink table, a pink telephone, a pink shower– everything was pink! What colour were the stairs?

A: There weren't any stairs, it was a one story house!

Q: A dad and his son were riding their bikes and crashed. Two ambulances came and took them to different hospitals. The man's son was in the operating room and the doctor said, "I can't operate on you. You're my son."

How is that possible?

A: The doctor is his mom!

Q: What goes up when rain comes down?

A: An umbrella!

Q: What is the longest word in the dictionary?

A: Smiles, because there is a mile between each 's'

Q: If I drink, I die. If I eat, I am fine. What am I?

A: A fire!

Q: Throw away the outside and cook the inside, then eat the outside and throw away the inside. What is it?

A: Corn on the cob, because you throw away the husk, cook and eat the kernels, and throw away the cob.

With thanks,  
Fr Terry

# The Living Word

Fourth Sunday of Easter, Year C

8 May 2022

## First Reading Acts 13:14, 43-52

*We are now turning to the gentiles.*

Paul and Barnabas carried on from Perga till they reached Antioch in Pisidia. Here they went to synagogue on the sabbath and took their seats.

When the meeting broke up, many Jews and devout converts joined Paul and Barnabas, and in their talks with them Paul and Barnabas urged them to remain faithful to the grace God had given them.

The next sabbath almost the whole town assembled to hear the word of God. When they saw the crowds, the Jews, prompted by jealousy, used blasphemies and contradicted everything Paul said. Then Paul and Barnabas spoke out boldly, 'We had to proclaim the word of God to you first, but since you have rejected it, since you do not think yourselves worthy of eternal life, we must turn to the pagans. For this is what the Lord commanded us to do when he said:

I have made you a light for the nations,  
so that my salvation may reach the ends  
of the earth.'

It made the pagans very happy to hear this and they thanked the Lord for his message; all who were destined for eternal life became believers. Thus the word of the Lord spread through the whole countryside.

But the Jews worked upon some of the devout women of the upper classes and the leading men of the city and persuaded them to turn against Paul and Barnabas and expel them from their territory. So they shook the dust from their feet in defiance and went off to Iconium; but the disciples were filled with joy and the Holy Spirit.

## Responsorial Psalm

Ps 99:1-3. 5. R. v.3

*(R.) We are his people, the sheep of his flock.*

or

*(R.) Alleluia.*

1. Cry out with joy to the Lord, all the earth.  
Serve the Lord with gladness.  
Come before him, singing for joy. (R.)
2. Know that he, the Lord, is God.  
He made us, we belong to him,  
we are his people, the sheep of his flock. (R.)
3. Indeed, how good is the Lord,  
eternal his merciful love.  
He is faithful from age to age. (R.)

## Second Reading Rv 7:9, 14-17

*The Lamb who is at the throne will be their shepherd and will lead them to springs of living water.*

I, John, saw a huge number, impossible to count, of people from every nation, race, tribe and language; they were standing in front of the throne and in front of the Lamb, dressed in white robes and holding palms in their hands. One of the elders said to me, 'These are the people who have been through the great persecution, and because they have washed their robes white again in the blood of the Lamb, they now stand in front of God's throne and serve him day and night in his sanctuary; and the One who sits on the throne will spread his tent over them. They will never hunger or thirst again; neither the sun nor scorching wind will ever plague them, because the Lamb who is at the throne will be their shepherd and will lead them to springs of living water; and God will wipe away all tears from their eyes.'

## Gospel Acclamation Jn 10:14

*Alleluia, alleluia!*

*I am the good shepherd, says the Lord;  
I know my sheep, and mine know me.*

*Alleluia!*

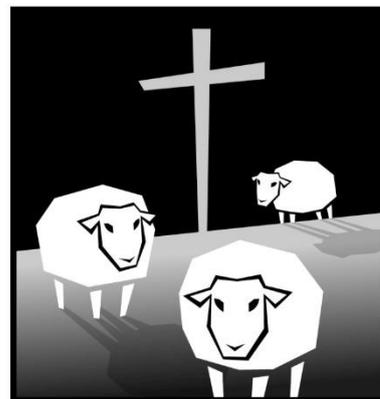
## Gospel Jn 10:27-30

*I give my sheep eternal life.*

Jesus said:

'The sheep that belong to me listen to my voice;  
I know them and they follow me.  
I give them eternal life;  
they will never be lost  
and no one will ever steal them from me.  
The Father who gave them to me is  
greater than anyone,  
and no one can steal from the Father.  
The Father and I are one.'

The psalm responses are from the English Translation of the Lectionary for the Mass ©1981 International Committee on English in the Liturgy Inc. (ICEL). All rights reserved. The psalm texts, from The Psalms, A New Translation, ©1963 by The Grail, England and used by permission of the publishers. The scriptural quotations are taken from the Jerusalem Bible, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers.  
© 2017 Creative Ministry Resources Pty Ltd  
All use must be in accordance with your user licensing agreement.



## Reflection by Fr Michael Tate

You and I are Gentiles – part of the non-Jewish world. We are the sort of Christians we are, because of St Paul. He became the strongest advocate of the grace that the early Christian community should be inclusive of all nations and tribes and ethnic groups on the face of the earth. We have not yet realised this potential.

What riches of intellectual traditions, cultural expressions, and organisational structure are we still to receive from the Chinese, the Korean, the Indonesians, the Africans, the Indian Catholics who are part of our 'Church without Borders'?

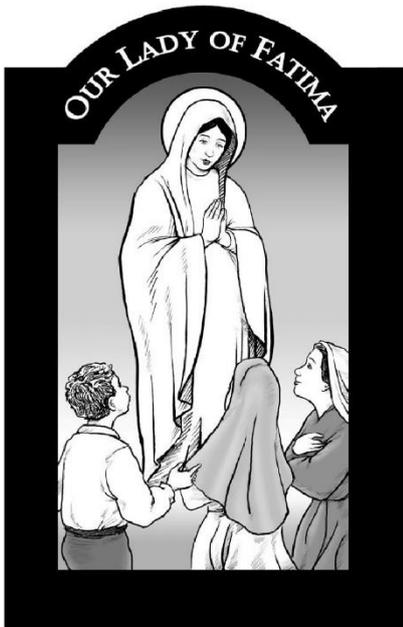
How do we maintain unity and identity amongst such diversity? By listening for the voice of the Good Shepherd, Our Lord Jesus Christ.

But it takes a good teacher to help us to hear The Voice in the clamour of life.

Some of those teachers may be found amongst the Bishops who carry a shepherd's staff. But at least in my experience the best assistant-shepherds have been my parents, and some others. They have helped me hear The Voice assuring me that I will never perish, that I will receive eternal life.

That is a Voice worth following! We could pause for a moment to get on the same wavelength as the Good Shepherd so as to echo His Voice in our lives.

mtate@bigpond.com



In the small Portuguese village of Fatima, the Blessed Virgin Mary is said to have appeared to three shepherd children. On six occasions between May and October, 1917, Our Lady appeared to Lucia dos Santos and her two cousins, Francisco and Jacinta Marto. According to an account of the events given by Lucia, Mary entrusted the children with three secrets and encouraged them to do acts of penance and say the rosary every day. Thousands of people came to Fatima upon hearing of the visions, and on October 13, some 70,000 people reportedly witnessed a miraculous solar event. Fatima is now a major site of Marian pilgrimage.

Jesus' sheep will never be lost. Help the sheep follow the path to the shepherd.



# Crossword



## Across

- 1: take the path of a leader
- 4: the sound of someone speaking
- 5: bigger, more impressive
- 7: God is called our \_\_\_\_\_ in heaven
- 11: take without warning, grab
- 12: followers of Jesus

## Down

- 2: the opposite of death
- 3: not ever, at no time
- 6: forever
- 8: the body part that has fingers and a thumb
- 9: an animal that produces wool
- 10: missing

